



Wellness Counseling & Therapy Services  
Don't Let Your Mind Be An Obstacle

www.wellnesscounselingclinic.com  
Phone: 630-214-4000  
Email: [info@wellnesscounselingclinic.com](mailto:info@wellnesscounselingclinic.com)

## INFORMED CONSENT OF TREATMENT

Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

Email Address \_\_\_\_\_ Phone: \_\_\_\_\_

### SERVICES OFFERED

Wellness Counseling and Therapy Services, inc. provides outpatient-counseling services. We work with children, adolescents, adults, couples and families. Licensed counselors provide individual, group, couples, and family counseling. Psychiatric services can be arranged through a referral by the counselor. We strive to return all messages as quickly as possible Monday through Friday. Routine messages left on the weekend may be returned Monday. We do not guarantee 24-hour crisis coverage and if your therapist is not available when you feel you are in crisis, please proceed to your local hospital emergency room, and/or call 911.

### INITIAL ASSESSMENT, DIAGNOSIS, AND COUNSELING PROCESS

Initial assessments take place at the first appointment. These appointments are used to complete necessary paperwork, gather information, and to determine a treatment plan. A diagnosis will be given for each client being seen, just as with a visit to a medical doctor. Employers, insurance companies, and schools are permitted to inquire as to whether an individual has ever been diagnosed with certain mental health conditions. The counselors' obligation is to act in accordance with ethical standardized diagnostic coding procedures.

If ongoing counseling is recommended, we will establish a treatment plan and provide evidence-based therapeutic methods and tools as part of the treatment. Your commitment to the counseling process is essential in order for treatment to be effective. This includes regular attendance and active participation, homework between sessions to enhance or speed up your growth, and completion of the process through planned termination of counseling services.

### MINORS

Patients under 12 years of age and their parents should be aware that the law allows parents to examine their child's treatment records. When children between the ages of 12 and 18 are seen alone, the content of these sessions is kept confidential, between therapist and child. Parents of children between 12 and 18 years of age cannot examine their child's records unless their child consents or unless we find there is no compelling reason for denying them access to those records. Parents of children between 12 and 18 years of age are entitled to information concerning their child's current physical and mental condition, diagnosis, treatment needs, services provided, and services needed. If the therapist believes that the child is at imminent risk of harming himself/herself or others, the therapist will notify the parents of this concern. Before giving parents any information, the therapist will discuss the matter with the child, if possible, and the therapist will try to handle any objections the child may have with what the therapist is prepared to discuss with the parents. Our policy is that both parents be notified that their child is in therapy and both parents consent to therapy for the child.

### FEES

I hereby agree to full responsibility for all counseling service fees incurred by the client named below and agree to the full extent of my financial obligation to Wellness Counseling and Therapy Services, inc. I have read and agree to the counseling service fees stated below. Please see our table below that describes our counseling service fees.

If a check is returned for insufficient funds, the client is responsible for any bank fees assessed within one week, and an alternate method of payment is required. If your account is 90 days past due, you will be forwarded to a collection agency and will be responsible for a 25% fee for the total amount submitted to

collections. Continued non-payment will result in a report to the credit bureau and unpaid balances will remain on your credit report until payment is received in full.

## **INSURANCE**

We bill most insurance companies as a courtesy to you. When billing insurance on your behalf, insurance payments will be issued to Wellness Counseling and Therapy Services, inc. or individual therapist. If we are not able to work with your insurance company, we will request payment in full and provide you the necessary information to submit your own claim. If benefits have already been verified, you will find this information on the attached Benefits Form. **All expected out-of-pocket expenses, such as co-pays, are due at the time of service.** We may provide your information to your insurance carrier to help them determine payment of services. If your insurance company has not made payment within 60 days, then the balance is immediately due by you.

### **Description Fee For Service Insurance Billable**

Initial Intake Assessment \$185.00

Individual Counseling Session (50-60 minutes) \$150.00

Individual Counseling Session (45 minutes) \$130.00

Couples or Family Counseling Session (50-60 minutes) \$165.00

Cancelled/Missed Session (Less than 24 hr notice) \$75.00 Not Billable to Insurance

Phone Calls, Letters, & Reports (5-15 minutes) \$40.00 Not Billable to Insurance

Court Appearances (45-50 minutes) \$450.00 Plus travel time billed at \$150/hr Not Billable to Insurance

Signature of client (or authorized person): \_\_\_\_\_

Date: \_\_\_\_\_

If authorized signer, relationship to client: \_\_\_\_\_

Date \_\_\_\_\_